

















# 19 400m Freestyle Men Final last heat



















Official

Entries

Heats

Total 13 years 14 years 15 years 16-18 years

Rank	Competitor	Age	Club	RT	FINA	Result
1	 Love Jack	16	 Blenheim S...	+0.57		<b>4:14.05</b> Entry: 4:18.21 (- 4.16)
	50m: 28.90		100m: 1:01.51 (32.61)			
	150m: 1:34.93 (33.42)		200m: 2:07.88 (32.95)			
	250m: 2:40.55 (32.67)		300m: 3:12.85 (32.30)			
	350m: 3:44.23 (31.38)		400m: 4:14.05 (29.82)			
2	 Ulrich Neo	15	 St Paul's S...	+0.65		<b>4:21.70</b> Entry: 4:32.43 (- 10.73)
	50m: 30.23		100m: 1:03.78 (33.55)			
	150m: 1:36.98 (33.20)		200m: 2:10.96 (33.98)			
	250m: 2:43.73 (32.77)		300m: 3:16.86 (33.13)			
	350m: 3:49.36 (32.50)		400m: 4:21.70 (32.34)			
3	 Rowe Sam	14	 Ice Breaker...	+0.41		<b>4:22.46</b> Entry: 4:33.20 (- 10.74)
	50m: 29.34		100m: 1:02.33 (32.99)			
	150m: 1:36.11 (33.78)		200m: 2:09.51 (33.40)			
	250m: 2:42.86 (33.35)		300m: 3:16.54 (33.68)			
	350m: 3:49.82 (33.28)		400m: 4:22.46 (32.64)			
4	 White Tho...	17	 Nga Tai Tu...	+0.55		<b>4:22.48</b> Entry: 4:22.57 (- 0.09)
	50m: 28.74		100m: 1:01.77 (33.03)			
	150m: 1:35.76 (33.99)		200m: 2:09.66 (33.90)			
	250m: 2:42.75 (33.09)		300m: 3:14.10 (31.35)			
	350m: 3:48.38 (34.28)		400m: 4:22.48 (34.10)			
5	 Barton Jack	15	 North Shor...	+0.61		<b>4:23.15</b> Entry: 4:33.25 (- 10.10)
	50m: 29.99		100m: 1:02.53 (32.54)			
	150m: 1:36.04 (33.51)		200m: 2:09.69 (33.65)			
	250m: 2:44.15 (34.46)		300m: 3:17.52 (33.37)			
	350m: 3:51.10 (33.58)		400m: 4:23.15 (32.05)			
6	 Inwood Ha...	15	 Jasi Swim ...			<b>4:24.24</b> Entry: 4:29.40 (- 5.16)
	50m: 29.47		100m: 1:02.74 (33.27)			
	150m: 1:37.07 (34.33)		200m: 2:11.17 (34.10)			
	250m: 2:44.40 (33.23)		300m: 3:18.56 (34.16)			
	350m: 3:52.11 (33.55)		400m: 4:24.24 (32.13)			
7	 Perceval L...	15	 Central Ha...	+0.61		<b>4:24.37</b> Entry: 4:38.40 (- 14.03)
	50m: 30.30		100m: 1:02.95 (32.65)			
	150m: 1:36.28 (33.33)		200m: 2:10.36 (34.08)			
	250m: 2:45.33 (34.97)		300m: 3:19.73 (34.40)			
	350m: 3:53.28 (33.55)		400m: 4:24.37 (31.09)			
8	 Li Jeremy	16	 St Paul's S...	+0.48		<b>4:26.12</b> Entry: 4:29.34 (- 3.22)
	50m: 30.59		100m: 1:04.61 (34.02)			
	150m: 1:38.80 (34.19)		200m: 2:12.52 (33.72)			
	250m: 2:46.29 (33.77)		300m: 3:20.33 (34.04)			
	350m: 3:54.00 (33.67)		400m: 4:26.12 (32.12)			

9	 Overend C...	15	 Selwyn Swi... +0.56	<b>4:26.48</b> Entry: 4:35.17 (- 8.69)
	50m: 29.63 150m: 1:37.03 (33.90) 250m: 2:45.82 (34.49) 350m: 3:53.92 (33.87)		100m: 1:03.13 (33.50) 200m: 2:11.33 (34.30) 300m: 3:20.05 (34.23) 400m: 4:26.48 (32.56)	
10	 Hewa Saniru	17	Roskill Swi... +0.60	<b>4:26.83</b> Entry: 4:27.27 (- 0.44)
	50m: 28.56 150m: 1:35.73 (34.03) 250m: 2:43.66 (34.11) 350m: 3:53.06 (34.93)		100m: 1:01.70 (33.14) 200m: 2:09.55 (33.82) 300m: 3:18.13 (34.47) 400m: 4:26.83 (33.77)	
11	 McNabb Fi...	15	 Blenheim S... +0.56	<b>4:28.08</b> Entry: 4:37.53 (- 9.45)
	50m: 30.85 150m: 1:37.97 (33.82) 250m: 2:46.23 (34.25) 350m: 3:54.82 (34.17)		100m: 1:04.15 (33.30) 200m: 2:11.98 (34.01) 300m: 3:20.65 (34.42) 400m: 4:28.08 (33.26)	
12	 Reade Law...	17	 Bream Bay ... +0.48	<b>4:28.62</b> Entry: 4:28.45 (+ 0.17)
	50m: 29.29 150m: 1:36.51 (34.19) 250m: 2:45.32 (34.52) 350m: 3:55.07 (35.02)		100m: 1:02.32 (33.03) 200m: 2:10.80 (34.29) 300m: 3:20.05 (34.73) 400m: 4:28.62 (33.55)	
13	 Younger Jack	15	Masterton S... +0.67	<b>4:29.65</b> Entry: 4:30.55 (- 0.90)
	50m: 29.95 150m: 1:37.81 (34.21) 250m: 2:46.97 (34.73) 350m: 3:57.14 (34.74)		100m: 1:03.60 (33.65) 200m: 2:12.24 (34.43) 300m: 3:22.40 (35.43) 400m: 4:29.65 (32.51)	
14	 Waters-Da...	16	 Manurewa ... +0.47	<b>4:30.50</b> Entry: 4:39.25 (- 8.75)
	50m: 29.68 150m: 1:37.07 (34.52) 250m: 2:47.04 (35.03) 350m: 3:56.82 (34.73)		100m: 1:02.55 (32.87) 200m: 2:12.01 (34.94) 300m: 3:22.09 (35.05) 400m: 4:30.50 (33.68)	
15	 Horner Angus	15	 Pirates Swi... +0.70	<b>4:31.69</b> Entry: 4:34.78 (- 3.09)
	50m: 29.91 150m: 1:37.86 (34.40) 250m: 2:47.80 (34.90) 350m: 3:57.93 (35.08)		100m: 1:03.46 (33.55) 200m: 2:12.90 (35.04) 300m: 3:22.85 (35.05) 400m: 4:31.69 (33.76)	
16	 Strachan Eric	14	 Oamaru Sw... +0.56	<b>4:32.75</b> Entry: 4:44.33 (- 11.58)
	50m: 30.06 150m: 1:38.27 (34.67) 250m: 2:48.81 (35.54) 350m: 3:59.68 (35.18)		100m: 1:03.60 (33.54) 200m: 2:13.27 (35.00) 300m: 3:24.50 (35.69) 400m: 4:32.75 (33.07)	
17	 Cross Sean	16	 Murihiku S... +0.56	<b>4:34.22</b> Entry: 4:31.02 (+ 3.20)
	50m: 30.55 150m: 1:38.06 (34.25) 250m: 2:48.20 (35.05) 350m: 3:59.51 (35.69)		100m: 1:03.81 (33.26) 200m: 2:13.15 (35.09) 300m: 3:23.82 (35.62) 400m: 4:34.22 (34.71)	
18	 Moleta Sam	17	 Ice Breaker... +0.38	<b>4:34.28</b> Entry: 4:35.22 (- 0.94)
	50m: 30.62 150m: 1:39.20 (34.67) 250m: 2:49.49 (35.12)		100m: 1:04.53 (33.91) 200m: 2:14.37 (35.17) 300m: 3:24.96 (35.47)	

350m: 4:00.43 (35.47) 400m: 4:34.28 (33.85)

19  Song SooMin 14  Jasi Swim ... +0.51 **4:35.02**  
Entry: 4:35.86 (- 0.84)

50m: 30.06 100m: 1:03.75 (33.69)  
150m: 1:38.54 (34.79) 200m: 2:14.04 (35.50)  
250m: 2:49.99 (35.95) 300m: 3:26.14 (36.15)  
350m: 4:01.74 (35.60) 400m: 4:35.02 (33.28)

20  Biggar Luke 14  Murihiku S... **4:35.96**  
Entry: 4:34.76 (+ 1.20)

50m: 30.65 100m: 1:05.06 (34.41)  
150m: 1:40.61 (35.55) 200m: 2:15.88 (35.27)  
250m: 2:51.60 (35.72) 300m: 3:27.65 (36.05)  
350m: 4:02.81 (35.16) 400m: 4:35.96 (33.15)

21  Yin Caleb 13  Mt Eden S... +0.54 **4:36.18**  
Entry: 4:44.81 (- 8.63)



50m: 31.04 100m: 1:04.93 (33.89)  
150m: 1:40.34 (35.41) 200m: 2:16.35 (36.01)  
250m: 2:51.82 (35.47) 300m: 3:27.52 (35.70)  
350m: 4:02.67 (35.15) 400m: 4:36.18 (33.51)

22  Pearson Za... 15 Whakatane ... +0.51 **4:36.24**  
Entry: 4:39.73 (- 3.49)



50m: 30.92 100m: 1:05.79 (34.87)  
150m: 1:41.39 (35.60) 200m: 2:17.66 (36.27)  
250m: 2:53.11 (35.45) 300m: 3:28.12 (35.01)  
350m: 4:02.65 (34.53) 400m: 4:36.24 (33.59)

23  Tremblay C... 15  Nelson Sou... **4:36.45**  
Entry: 4:37.82 (- 1.37)

50m: 31.08 100m: 1:05.09 (34.01)  
150m: 1:39.69 (34.60) 200m: 2:14.91 (35.22)  
250m: 2:50.49 (35.58) 300m: 3:26.30 (35.81)  
350m: 4:01.72 (35.42) 400m: 4:36.45 (34.73)

24  Cleverly Matt 15  Wharenui S... **4:37.20**  
Entry: 4:35.66 (+ 1.54)



50m: 30.08 100m: 1:03.19 (33.11)  
150m: 1:37.76 (34.57) 200m: 2:13.11 (35.35)  
250m: 2:49.22 (36.11) 300m: 3:25.93 (36.71)  
350m: 4:02.57 (36.64) 400m: 4:37.20 (34.63)

25  Taylor Broo... 13  Aquabladz ... **4:37.50**  
Entry: 4:46.14 (- 8.64)



50m: 29.73 100m: 1:03.90 (34.17)  
150m: 1:39.76 (35.86) 200m: 2:16.01 (36.25)  
250m: 2:51.71 (35.70) 300m: 3:27.21 (35.50)  
350m: 4:03.27 (36.06) 400m: 4:37.50 (34.23)

26  Read Joshua 13  Selwyn Swi... +0.64 **4:37.65**  
Entry: 4:54.85 (- 17.20)

50m: 30.68 100m: 1:05.45 (34.77)  
150m: 1:40.61 (35.16) 200m: 2:16.09 (35.48)  
250m: 2:51.30 (35.21) 300m: 3:27.20 (35.90)  
350m: 4:02.17 (34.97) 400m: 4:37.65 (35.48)



27  Woodward ... 14  Aquabladz ... +0.41 **4:37.82**  
Entry: 4:43.62 (- 5.80)



50m: 30.27 100m: 1:04.26 (33.99)  
150m: 1:39.77 (35.51) 200m: 2:15.56 (35.79)  
250m: 2:51.44 (35.88) 300m: 3:28.22 (36.78)  
350m: 4:03.57 (35.35) 400m: 4:37.82 (34.25)

28  Skehan Max 14  Blenheim S... +0.70 **4:38.15**  
Entry: 4:45.91 (- 7.76)



50m: 31.63 100m: 1:07.11 (35.48)  
150m: 1:43.50 (36.39) 200m: 2:19.93 (36.43)

250m: 2:55.86 (35.93) 300m: 3:30.48 (34.62)  
350m: 4:05.03 (34.55) 400m: 4:38.15 (33.12)


29  Pool Harrison 14  Taupo Swi... **4:38.43**  
Entry: 4:43.30 (- 4.87)  
50m: 31.23 100m: 1:05.76 (34.53)  
150m: 1:41.28 (35.52) 200m: 2:16.66 (35.38)  
250m: 2:52.44 (35.78) 300m: 3:28.98 (36.54)  
350m: 4:04.77 (35.79) 400m: 4:38.43 (33.66)

30  Gibson Alex 13  Aquagym S... **4:38.67**  
Entry: 4:47.65 (- 8.98)  
50m: 32.22 100m: 1:08.50 (36.28)  
150m: 1:44.22 (35.72) 200m: 2:20.39 (36.17)  
250m: 2:56.24 (35.85) 300m: 3:30.78 (34.54)  
350m: 4:05.80 (35.02) 400m: 4:38.67 (32.87)


31  Parmenter ... 14  Jasi Swim ... **4:38.95**  
Entry: 4:45.08 (- 6.13)  
50m: 31.29 100m: 1:06.34 (35.05)  
150m: 1:42.33 (35.99) 200m: 2:18.46 (36.13)  
250m: 2:54.27 (35.81) 300m: 3:30.07 (35.80)  
350m: 4:05.34 (35.27) 400m: 4:38.95 (33.61)

32  Freemantle... 14  St Paul's S... **4:39.21**  
Entry: 4:42.74 (- 3.53)  
50m: 31.77 100m: 1:06.79 (35.02)  
150m: 1:42.19 (35.40) 200m: 2:17.88 (35.69)  
250m: 2:53.28 (35.40) 300m: 3:28.92 (35.64)  
350m: 4:04.39 (35.47) 400m: 4:39.21 (34.82)


33  Bryant Finn 15  Nelson Sou... **4:41.97**  
Entry: 4:41.49 (+ 0.48)  
50m: 30.95 100m: 1:06.17 (35.22)  
150m: 1:42.37 (36.20) 200m: 2:18.54 (36.17)  
250m: 2:55.57 (37.03) 300m: 3:31.95 (36.38)  
350m: 4:07.65 (35.70) 400m: 4:41.97 (34.32)

34  Oliver Lockie 14 Greymouth ... +0.62 **4:42.30**  
Entry: 4:43.43 (- 1.13)  
50m: 31.93 100m: 1:07.69 (35.76)  
150m: 1:44.12 (36.43) 200m: 2:20.67 (36.55)  
250m: 2:56.92 (36.25) 300m: 3:33.10 (36.18)  
350m: 4:08.68 (35.58) 400m: 4:42.30 (33.62)

35  Potter Taylor 15  Jasi Swim ... **4:42.36**  
Entry: 4:40.87 (+ 1.49)  
50m: 31.39 100m: 1:06.61 (35.22)  
150m: 1:42.78 (36.17) 200m: 2:19.11 (36.33)  
250m: 2:55.47 (36.36) 300m: 3:31.67 (36.20)  
350m: 4:08.04 (36.37) 400m: 4:42.36 (34.32)

36  Stracey Mo... 13  Wharenui S... **4:43.22**  
Entry: 4:47.71 (- 4.49)  
50m: 31.33 100m: 1:07.15 (35.82)  
150m: 1:44.21 (37.06) 200m: 2:21.30 (37.09)  
250m: 2:58.01 (36.71) 300m: 3:35.00 (36.99)  
350m: 4:10.81 (35.81) 400m: 4:43.22 (32.41)

37  Kim James 14  Waitaha S... **4:45.76**  
Entry: 4:44.03 (+ 1.73)  
50m: 32.25 100m: 1:08.21 (35.96)  
150m: 1:44.51 (36.30) 200m: 2:21.80 (37.29)  
250m: 2:57.79 (35.99) 300m: 3:34.78 (36.99)  
350m: 4:11.14 (36.36) 400m: 4:45.76 (34.62)

38  Lafaele-Pu... 13 Pukekohe S... +0.44 **4:47.70**  
Entry: 4:54.16 (- 6.46)  
50m: 31.40 100m: 1:06.27 (34.87)

150m: 1:42.91 (36.64) 200m: 2:19.96 (37.05)  
250m: 2:57.26 (37.30) 300m: 3:34.54 (37.28)  
350m: 4:11.61 (37.07) 400m: 4:47.70 (36.09)

39  Reynolds ...

13  Howick Pak... +0.50

**4:48.48**

Entry: 4:51.72 (- 3.24)

50m: 31.56 100m: 1:06.57 (35.01)  
150m: 1:42.32 (35.75) 200m: 2:19.16 (36.84)  
250m: 2:56.80 (37.64) 300m: 3:35.08 (38.28)  
350m: 4:12.38 (37.30) 400m: 4:48.48 (36.10)

40  Kepess Ma...

14  Tasman Sw...

**4:48.76**

Entry: 4:45.86 (+ 2.90)

50m: 31.60 100m: 1:06.62 (35.02)  
150m: 1:43.18 (36.56) 200m: 2:20.11 (36.93)  
250m: 2:57.53 (37.42) 300m: 3:35.12 (37.59)  
350m: 4:13.06 (37.94) 400m: 4:48.76 (35.70)

41  Norgate Ch...

13  Jasi Swim ...

**5:02.15**

Entry: 4:50.94 (+ 11.21)

50m: 33.62 100m: 1:11.26 (37.64)  
150m: 1:49.06 (37.80) 200m: 2:26.97 (37.91)  
250m: 3:06.14 (39.17) 300m: 3:44.63 (38.49)  
350m: 4:24.24 (39.61) 400m: 5:02.15 (37.91)